

# STRETCH LEADERSHIP ACADEMY

# WHAT TO EXPECT

*Progress bar at the beginning of each tabbed section to track your progress through the program!*



## MAIN DELIVERABLES

- Increased Self-awareness with Birkman and Personal Coaching Plan (Share with Manager)
- Expand leadership and strategy Capacity by developing a Personal Strategic Plan (share with others)
- Deepen understanding of Strategic process and High Performance Tools by creating a Team Strategic Plan

## HEALTHY LEADERSHIP



### UNDERSTANDING SELF & OTHERS

- Understanding your Birkman
- Self-Awareness
- Birkman Action Plan

### UNDERSTANDING & LEADING OTHERS

- Core Values
- Leadership C.O.R.E. Score
- Your Personal SWOT

## WINNING STRATEGIES



### PERSONAL STRATEGIC PLAN

- Purpose, Vision, Desired State
- SWOT Prioritization
- Goal Setting

### STRATEGY IN MOTION/TEAM STRAT. PLAN

- Listen & Learn
- Plan Development
- Implementation & Strategic Management

## HIGH PERFORMANCE TEAMS



### HIGH PERFORMANCE TEAM DYNAMICS

- Model: Values, Vision, Leader, Roles, Culture Activators, Supporting Systems

### CULTURE ACTIVATORS

- Core Values, Agreements, Charters, Culture, Trust, High Performance

### CHANGE MANAGEMENT

- Neuroscience, The Change Curve, Adoption Levels, Feeling Safe through Change, Plan Design, Troubleshooting

### MAXIMIZE PEOPLE / IMPLEMENTATION

- Archetypes of people
- Goal Setting & Time Management
- One on Ones & Feedback Loops

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**WE ARE STRATEGIC  
AND LEADERSHIP  
GUIDES  
FOR ORGANIZATIONS  
AND PEOPLE  
COMMITTED TO  
GROWTH.**



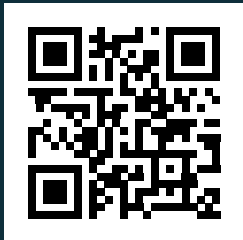
**DARCY BIEN**  
EXPERT STRATEGIST

Strategist Darcy Bien partners with CEOs, executives, and leadership teams to plan their organizations' futures. With more than 20 years of experience helping hundreds of companies, her team-based approach and time-tested processes helped build her national reputation for delivering "actionable strategy." The daughter of a brilliant entrepreneur who struggled with execution may explain Darcy's bulldog tenacity among clients for doing whatever it takes to achieve successful strategic implementation.



**CYNDI WINEINGER**  
ORGANIZATION & LEADERSHIP COACH

Cyndi is focused on helping. As a people maximizer, she works to guide individuals to work they love and to help organizations create powerful places where people can work with passion and purpose. Known for being both empathic and direct, Cyndi brings her love for Organizational Health, Executive Coaching, Hiring with Excellence, and Leadership Training together to maximize the dreams, strategy and successes of organizations and people.



**ARE YOU READY TO STRETCH?**

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